Education for Healthy Kids Committee Survey

Please circle the response that best describes your situation.

1. Did you know your child's school has an "Education for Healthy Kids Committee" consisting of the principal, classroom teachers, specialists, educational assistants and parents?

yes

no

PHYSICAL ACTIVITY

2. Do you feel your child gets enough physical activity (60 minutes or more each day)?

During school? yes no Before or after school? yes no

3. Does your child's school offer ample opportunities for children to be physically active?

During school? yes no Before or after school? yes no

NUTRITION

4. To what degree do you feel your child's school promotes healthy food choices? 1 = not at all and 10 = every chance they get

1 2 3 4 5 6 7 8 9 10

5. To what degree does your family follow the recommended dietary guidelines?

1 2 3 4 5 6 7 8 9 10

6. Is there anything your child's school can do to help you better understand healthy eating and ways to implement healthy eating? (Please list ideas)

SAFETY

7. Were you aware of the extensive measures the Appleton School district takes to prevent bullying such as a specific bullying curriculum during guidance and classroom teaching, trainings for teachers, trainings and peer mediation for students, school climate committees and "Random acts of kindness" programs?

Yes no

8. To what degree do you believe your child's school is proactive in preventing bullying?

1 2 3 4 5 6 7 8 9 10

9. With all the Appleton schools preventative safety measures, to what degree do you believe your child is safe at your child's school?

1 = not safe at all and 10 = very safe

1 2 3 4 5 6 7 8 9 10

10. Is there anything your child's school can do to make you more comfortable in regards to your child's safety?